**Growth Mindset Video Assignment**

This assignment builds on the lecture on attitudes and mindset (What does it Take?). It broadly supports all SLOs as you are working on becoming a more successful (math) learner and moving towards the growth mindset end of the spectrum.

Watch one of the videos listed below:

* **TED talk Sandrine Thuret**

<https://www.ted.com/talks/sandrine_thuret_you_can_grow_new_brain_cells_here_s_how>

* **Growing your mind**

<https://youtu.be/WtKJrB5rOKs>

* Growth Mindset

<https://youtu.be/wh0OS4MrN3E>

* Success through Effort

<https://youtu.be/LUtcigWSBsw>

* Famous Failures

<https://youtu.be/zLYECIjmnQs>

* Effect of Praise on Mindset

<https://youtu.be/TTXrV0_3UjY>

Then go to the relevant Canvas discussion board (placed below the assignment) and post one to two paragraphs (or more if you like) that answer the following questions:

1. Which video did you watch and what was the main point/idea of the video?
2. How does this video connect to the lecture on math attitudes and mindset?
3. What was the most interesting/surprising aspect of the video and the lecture to you?
4. State at least one action that you will take this semester to work toward success in response to either the lecture or the video(s).

Respond to at least one other student’s post. This is an individual assignment.